

# Weekly Menu Plan

Food. Laughter. Fun.

# MOMMY HATES COOKING



**S**

Breakfast:  
Lunch:  
Dinner:  
Snacks:

**M**

Breakfast:  
Lunch:  
Dinner:  
Snacks:

**T**

Breakfast:  
Lunch:  
Dinner:  
Snacks:

**W**

Breakfast:  
Lunch:  
Dinner:  
Snacks:

**T**

Breakfast:  
Lunch:  
Dinner:  
Snacks:

**F**

Breakfast:  
Lunch:  
Dinner:  
Snacks:

**S**

Breakfast:  
Lunch:  
Dinner:  
Snacks:

Grocery  
List

Coupons

Lined area for writing a grocery list and coupons.